

Half Full / Half Empty Emotions Worksheet

*The cup is half empty, the cup is half full.
How would you feel if your mom brought home a bull?
When the sirens rang, that's how I felt.
Scared, hot, and squishy, I thought I would melt.
I learnt that Hashem keeps us safe,
And I will always be in the right place.*

HALF EMPTY

HALF FULL



squishy

bull

sirens

love

joy

happiness

safe

right place

hot

Hashem